

# Health Status Of Area Citizens Drops

How do residents of Colorado County compare with people elsewhere in the country in terms of health? To what extent has the general health of the local population changed, if any, in recent years?

Some answers to these questions may be gleaned from the reports of the Health Resources Administration, a branch of the Department of Health, Education and Welfare, and the Health Insurance Institute.

Through annual surveys and studies of families in all parts of the country, they keep constant watch on the physical condition of the population. The general health of a community is gauged by the degree to which its residents are able to pursue their normal daily activities without being interrupted by illness or injury.

It is measured by what are called "disability days," which are days of restricted activity, when people are unable, as a result, to go to work or to school.

In the regional area embracing Colorado County, on the basis of that yardstick, the health of the population is not as good as it was 10 years ago. That is true, also, of most other sections of the country.

People are taking more time off because of illness or injury than in former years. The latest government figures indicate that local people are averaging 18.8 disability days per year per person, 7.5 of them confined to bed, as against 12.9 disability days in 1965, including 6.7 bed days. By way of comparison, the average for the nation as a whole is 17.2 disability days, 6.7 of them in bed. School children are losing 5.6 days a year for health reasons.

The figures show, also, that women are more likely to become incapacitated than men. They have 15.7 days of disability a year as against 15.9 for men.

The loss in Colorado County, based upon the disability rate in its area, adds up to a total of 205,000 days for the year.

Least likely to have their activities curtailed by illness or injury, according to the findings, are people living on farms, away from metropolitan areas.



ROGER CLARK  
**Most Handsome At WCJC**

The elections are over and "the vote count" in Wharton County Junior College in Wharton where Elizabeth A. "Beth" Short of Angleton was selected "Miss WCJC". Jeff Tyson of Saginaw, Michigan, "Mr. WCJC" and Barbara Hurd of Eagle Lake

# Raider Band Has Wonderful Trip To San Antonio Fiesta

Marches In Parade Friday, Featured At Fair

Last Friday and Saturday the Raider Band made a wonderful trip to perform in the Fiesta at San Antonio. The band left before 7 a.m. Friday so that they would arrive in time to march in the "Battle of Flowers" parade on Friday afternoon. They spent the night in San Antonio and enjoyed all of the fun of a Mexican fiesta.

The next day, Saturday, April 24, the Raider Band was one of two featured bands at the King William Fair in San Antonio. A concert was given at 12:30 p.m. at the historic Victoria King William District in San Antonio. The King William District is the center of the old German population of San Antonio. Under the supervision of the restoration committee, many old homes have been restored to their original splendor and opened to the public for viewing. The band's concert was filmed for later showing on San Antonio channel 4-TV.

Following the night parade, the Fiesta "Trazou", the band returned home. In addition to Director and Mrs. Floyd Sparr and Assistant Director Jesus Gonzalez, parent sponsors with the band were Mr. and Mrs. Obel Firtle, Mr. and Mrs. Anthony Kallina, Mr. and Mrs. James Crabb, Director Floyd Sparr and Assistant Director Jesus Gonzalez. The band's successful magazine sale by enthusiastic band members totally financed the trip. Mr. Sparr, on behalf of the band, thanked the other committee members for their support, and the band extends a special thanks to Anderson's of Texas for donating the use of a 14-foot van to haul instruments and luggage.

# TO THE CITIZENS AND VOTERS OF PRECINCT NO. 1

ON MAY 1ST YOU WILL DECIDE WHO YOUR NEXT COUNTY COMMISSIONER WILL BE!

I entered my candidacy for this job because I sincerely believe that I can fulfill the duties and obligations of this office. I have long been aware and concerned with the problems and needs of the community and area that I was born and reared in. I want to serve as your County Commissioner and be your representative on the Commissioner's Court. We may have one of the richest precincts, BUT we are also in need of many improvements.

I ask you to consider the following. They are major issues.

You need a commissioner who can and will be responsible for your tax money - to use your tax money efficiently and wisely, and the way it was supposed to be used. Why pay taxes if the money is not used the way it was intended? Why wait another four years and then hope to come up with a new solution to an old problem?

The drainage, road and bridge issues are all important, but the BRG issue is taking care of the overall business of the precinct in Commissioner's Court meetings, and having guts and to use the commissioner voting power, unimpaired by any pressure groups, for the best interest of YOU, the voters and taxpayers of Precinct No. 1. I am capable of functioning in this manner.

If I get to be County Commissioner I intend to immediately set up a full-time drainage crew to take care of the drainage problems in the entire precinct, including Glidden, Rock Island, Sheridan, Garwood and Nasa. (In the main drainage area of Nasa/Garwood, I want to get up a drainage district with a commission to help supervise this district). I will also have a full-time road and maintenance crew to maintain all roads and bridges.

Furthermore, I personally, will organize and supervise to get these things done. I will not wait until the 4th year of the term of my office to try to make a good showing. I will start immediately upon taking office, and I trust that nearly all the voters of this precinct know me and know that I will do what I set out to do.

I have 30 years of civic experience helping and serving in this community. My wife and I have lived in Columbus and have worked and served for the betterment of ALL. We know the needs of this area and shall continue to help in any way possible to promote good will, good communications, and support the projects and progress of this entire community.

I ask for your confidence and support in electing me as your County Commissioner, and pledge to you my utmost and fullest cooperation. Thank you.

**WILTON E. STALLMAN**  
Candidate for Commissioner, Precinct One  
Democratic Primary Sat., May 1  
(Pol. ad paid by Wilton Stallman, Box 445, Columbus, Texas 76904)

# High School Lists Eleven Honor Graduates

(Continued from page one)

In the band, band council, basketball, track, Health Club, Business Club and FTA, attended Girls' State and was a cheerleader. She was class secretary and treasurer for 4 years, band council representative for four years, and off-duty in the Health Club. She was Freshman class Freshman, Freshman FFA Sweetheart, Homecoming Queen, winner of the DAR Good Citizen Award and was outstanding bandman as a sophomore. She plans to attend the University of Texas to study to be a speech and hearing therapist.

Mary Jo Spazell will attend Wharton County Junior College to study accounting. She was a member of the FFA for four years and served as secretary of the FFA; she was a district and area OEA finalist in General Clerical 1. She plans to attend Wharton County Junior College to study accounting. She was a member of the FFA for four years and served as secretary of the FFA; she was a district and area OEA finalist in General Clerical 1. She plans to attend Wharton County Junior College to study accounting.

Bob Morgan was first place in district editorial writing and was a member of the band, FTA, school newspaper and took part in UIL Journalism and UIL one act play. He will attend the University of St. Thomas as major in nursing.

Janice Kallina will attend Texas A&M University to major in biology and chemistry on the way to a degree in physical therapy. She was active in Rice High School National Honor Society for 3 years and was president this year; also active in the Health Club and was historian last year and in the English Club and was vice president in her sophomore year; active in the FTA, the Pep Squad, took part in UIL one-act play and was named to the one and district all star cast. She was a Girls' State delegate, winner in the Soil Conservation Essay competition, member of the FFA and runner-up in Garwood Volunteer's Fair, Junior Miss runner-up and state Junior Miss runner-up. She also sings in the St. Mary's Choir in Nasa. Carmen Stallman will also attend Texas A&M but will study in veterinary medicine. She was active in the Student Council, Health Club, Business Club, the FFA and Band. She was in the band for 4 years and was Freshman FFA president.

Mary Ann Sillert was a member of FFA for 4 years, in the Pep Squad, Business Club, English Club, Outriders Pep organization. She participated in UIL shorthand, typing and shorthand and was a district finalist in General Clerical II in VQE contests and an alternate in regional competition. She was also parliamentary secretary of the OEA. She plans to seek a position in the secretarial field.

Elana Johnson will attend Southwest Texas State University. She was active in Band, FTA, Student Council, Health and Business Club, and English Club. She served as Health Club president, was corresponding secretary of the Business Club, vice president of the Honor Society. She was awarded in solo and ensemble competition in band; was on the Honor Society played golf, was consulting editor last year and editor this year of the yearbook staff; took part in the Powder Puff football game, the Band Camp and Tricky Journalism Institute.

Chris Klekar will attend Texas A&M University to study chemistry. He took part in the Band, FTA, and was a lab assistant. He was an ensemble contest winner. Debra Parker was a cheerleader of the Raider basketball team, was in the FTA, Honor Society and Student Council. She was a Homecoming Queen nominee last fall.

A complete list of the 114 candidates for graduation will be published in the next issue of the Headlight.

# Grand Opening of County Mental Health Center In Weimar Thurs., May 6th

The grand opening of the Colorado County Mental Health Center will be held at the Veterans' Hall in Weimar on Thursday, May 6 at 7:30 in the evening. An address will be given by Dr. Harold C. Domes, Deputy Commissioner of the State of Texas Department of Mental Health and Mental Retardation. Following the opening ceremonies, refreshments will be served by members of the Girl Scouts. The public is cordially invited to attend the grand opening ceremonies.

The new center is a 2000 square foot building. It is the operation of the state, county and local levels of government, and while the concept of community mental health is a relatively new one to this area, other centers have been in operation for a number of years. The Colorado County Mental Health Center is an outgrowth effort of the San Antonio State Hospital, which has since other centers already in operation.

An Open House at the center will be held after the ceremony of May 6 from 2 to 5. The public is encouraged to come and visit with the personnel and inspect the facilities. The center will be staffed by Sheila Rieck and Sid MacAllister and is located above the Hill Bank on Highway 90 in Weimar. For further information, call 713/725-8724. The new center's hours of operation will be Monday through Friday from 8 to 12 and 1 to 5. Staff personnel will be available at other times as necessary by appointment.

# TO THE VOTERS OF COLORADO COUNTY



The duties of my office have limited my time to campaign, and if I have failed to see some of you personally I hope you will accept this means of my thanking you for your support in the past. I sincerely hope that you will continue your fine support and go to the polls this Saturday, May 1st and . . .

**HELP RE-ELECT Geo. "Doc" Mueller**  
Sheriff Of Colorado County  
Born and Reared in Colorado County  
Honest - Capable - Courteous  
Home Owner and Family Man  
Why Trade Experience For Promises?  
(Pol. adv. paid by Geo. "Doc" Mueller, Rt. 3, Box 80-C, Weimar, Texas 76968)

**NOW AVAILABLE Individual Retirement Account (IRA)**  
NOW YOU, TOO, CAN TAKE BENEFIT OF A GOVERNMENT-APPROVED TAX SHELTER TO PROVIDE YOU WITH A SECURE RETIREMENT.

The government-approved I.R.A. program permits you to invest up to \$1,500 of your income, deduct it now from your income tax, and accumulate interest at 8.2 per cent annually on your investment.

**TAX FREE**  
Also, ask about our "Jumbo" tax-deferred annuity program. INTERESTED??

CALL YOUR UNITED LIBERTY LIFE AGENT  
**HENRY J. HAJOVSKY**  
at 732-2558 or write Box 38 Columbus, Texas today!

whole is 17.2 disability days, 6.7 of them in bed. School children are losing 5.6 days a year for health reasons. The figures show, also, that women are more likely to become incapacitated than men. They have 15.7 days of disability a year as against 15.9 for men.

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# Mayor Struss Proclaims Armed Forces Week

Mayor Elmer Struss has issued a proclamation celebrating the 40th anniversary of the observation of Armed Forces Week.

Struss, in his proclamation, congratulated the various services are honored on a single day, the third Saturday in May, each year.

The 40th anniversary is in conjunction with the Bicentennial, according to local Army spokesman Sgt. John Thomas of Rosenberg.

The theme for the week is "Honor America," the Army spokesman said. The week is devoted to recognizing the nation on its 200th anniversary.

In his proclamation, the mayor noted that it is especially appropriate to honor the men and women of the Armed Forces during the Bicentennial year.

**MARKET REPORT**  
COLUMBUS LIVESTOCK CO.  
The Columbus Livestock

Commission Co. handled 702 head of cattle at the sale April 28th with an active and fully steady market.

Good to choice butcher calves sold 37 to 61, heavier packer cows brought 36 to 39, commercial packer bulls 35 to 38.5, heavy Hereford and Angus steer calves sold 40 to 55 and heifers 35 to 40, wild crossed steer calves sold 40 to 50 and heifers 35 to 40. Good stocker cows and heifers brought \$10 to \$250. Butcher boys brought 46 to 50 and lambs 840-\$50.

**BROOKS LUMBER SELLS FOR LESS!**

ALVIN  
Loop 610 at Mykawa 205 N. Gordon  
5313 Mykawa 200 yds. S.  
733-7491 319-4399

CAMP  
300 E. Moseratz 543-6454

**WE DELIVER THRU TUES., MAY 4TH**

STORE HOURS: Mon.-Fri., 8:00-5:30  
Saturday, 8-2 PM  
All Items Subject To Stock On Hand!

# 1975 Very Good Year For Tourist Ind.

State-wide participants in the Texas visitor industry are whistling a happy tune these days. It's entitled "1975 Was a Very Good Year!"

By all previous standards, last year's sun, fun and vacation business went through the ceiling, shattering all previous records for total visitors, length of stay and, most important, expenditures by travelers from out of state.

The cheerful details are contained in the state's annual Texas Visitor Industry Report released April 14th by the State Department of Highways and Public Transportation. Their tallies, which they've been conducting since 1947, show an all-time high of 21-, 819,000 out-of-state visitors in 1975 who spent \$3.5 billion in Texas.

The Department points out that the number of such visitors is actually some 80 percent greater than the number of Texas residents that represents the largest numerical increase in visitors in a single year since they started counting out-of-state license plates almost 30 years ago.

Reflecting cost-consciousness (most tourists to Texas are family travelers, not the jet set), daily spending per person among auto visitors was \$18.78, a thrifty \$1.52 less than in 1974. However, those visitors stayed longer, 7.6 days compared to slightly less than 7 days in 1974. The net result was more out-of-state dollars left in Texas when they returned home.

Texas visitor industry data from 1975 may be obtained in a free, 12-page booklet from the State Department of Highways and Public Transportation, Travel and Information Division, P. O. Box 5064, Austin 78763.

# KNIGHTS OF COLUMBUS EAGLE LAKE COUNCIL NO. 4843

# BENEFIT DANCE

Proceeds To Benefit  
Shriner's Crippled Children's Hospital, Houston  
and  
Burns Institute, Galveston

# SAT., MAY 8

RIVERSIDE HALL, EAST BERNARD  
9 P.M. to 1 A.M.  
MUSIC BY  
RAY KRENEK'S BAND FROM WALLIS  
\$3.00 PERSON; \$5.00 COUPLE  
PUBLIC IS INVITED!

**JON NEWTON**  
Texas Railroad Commission

**JON NEWTON BELIEVES:**  
"Texans are going to get a handle on rising utility costs only when we reject phony political promises and attack the problem both here and in Washington."

**LEADING JOURNALISTS AGREE:**  
"The public will expect and demand of the commission a performance more judicious and exacting than ever before in its 85-year history. Of all the candidates in this important race, we believe Jon Newton is best qualified to meet the needs of this new day for the commission." Dallas Morning News, April 19, 1976.

"Jon Newton is a uniquely well-qualified candidate for this office which today is of tremendous and growing importance to our state and nation." Kilgore News Herald, April 18, 1976.

"He has worked successfully for consumer and environmental causes, he is for a realistic and wise use of our state's resources and he has spoken out in federal forums for adequate energy policies." Port Arthur News, April 20, 1976.

"If a voter wants to do something about solving energy and transportation problems, one effective way would be to vote for Jon Newton for Texas Railroad Commission." Houston Chronicle, Feb. 15, 1976.

"Newton talks common sense on energy and is ready to go to bat for all Texans (that) views are sound, his goals admirable and his qualifications superior." Victoria Advocate, Feb. 15, 1976.

"We need men like Jon in every capacity in state government." Beeville-Bee-Picayune, Jan. 19, 1976.

"Ask Jon Newton, it's becoming the byword around the Capitol when it comes to energy and utility regulations." Houston Post political column, Feb. 15, 1975.

**JON NEWTON HAS THE ANSWERS.**  
VOTE FOR THE RESPONSIBLE DEMOCRAT FOR THE TEXAS RAILROAD COMMISSION.

**Pre-Spring Sale**

Get the jump on the spring season and get your lawn care done now. Call today to see your lawn care needs.

With the purchase of any new Case Compact Tractor, you will receive a model 800 lawn mower and garden hose. This is a real savings. And it's an easy-to-use, easy-to-drive, and easy-to-store. Call today to see your lawn care needs.

Call today to see your lawn care needs. Call today to see your lawn care needs.

**Case**

Model	Price	Weight
Model 444	\$2150.00	\$2800
Model 118	\$1150.00	\$1500
Model 220	\$1650.00	\$2200

It's a good time to get your lawn care done. Call today to see your lawn care needs.

**Garwood Implement & Supply Co.**  
HIGHWAY 71 GARWOOD, TEXAS  
PHONE 738-3821

# STICK WITH THE WINNER

If you want to vote for the man who has experience, proven leadership and responsibility on his side . . . the man who can win next November . . . that man is President Ford.

On May 1st, vote for all four delegates pledged to President Ford.

President Ford is 1968 President. Keep him.

**President Ford '76**

**KEEP President Ford**  
Vote in the Republican Primary Sat., May 1

(Pol. ad. by Citizens to Keep President Ford, W. N. Lehrer, Garwood, Texas 77442 chairman)

**BROOKS LUMBER SELLS FOR LESS**

Step	Step W/Step
2	\$19.50
3	\$23.25
4	\$30.99
5	\$38.75

**ALPINE . . . \$3.59 GLACIER . . . \$3.59**  
SNOWFALL . . . \$4.79 HERITAGE . . . \$4.99

OLD FOREST WALNUT . . . \$5.49  
TRADITIONAL 1/4" . . . \$6.39 LEGACY 1/4" . . . \$6.99

POLARIS PECAN 1/4" . . . \$6.99  
GALAXIE OAK 1/4" . . . \$6.99  
CELESTIAL BIRCH 1/4" . . . \$6.99  
BRAVURA BIRCH 1/4" . . . \$6.99

MANY MORE IN STOCK  
ALL NO. 1 AND DISCOUNTED

**UNDERGOES SURGERY**  
Young Fred Albertson, son of Mrs. Carol Albertson in the Texas Children's Hospital in Houston Monday afternoon. Friends wish for him a quick recovery to good health.

Elephant seals are the largest seals in the world. A male can grow as long as 21 feet and weigh 9,000 pounds.